

"TOGETHER BUILDING A NEW WAY OF LIFE"



The Firetree Chronicle

Diverse Programming Meets Many Needs

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Visit our website and learn more about our programs.

www.Firetree.com

In the early 90's two Lycoming County businessmen found they had a shared vision. They recognized the burden recidivism placed on individuals, families and communities and decided to do something about it. They joined together to start Firetree, Ltd., an organization providing reentry support for those returning to the community after incarceration. By offering training and support, those served would have a better chance of building a new way of life. Firetree's first residential reentry center, Capitol Pavilion, opened in 1992 in Harrisburg Pennsylvania. The program continues to serve the needs of those coming out of prison by providing programming geared toward successful reentry.

It didn't take long to realize that many of those who had been incarcerated had addiction issues that contributed to criminal activity. In order to address this root cause, Firetree opened Conewago Place, a drug

and alcohol inpatient treatment program in 1995. Initially opened to serve the state criminal justice population, Conewago Place soon began serving clients from all walks of life. Past issues of the *Firetree Chronicle* <http://www.firetree.com/newsletter.asp> have featured updates on buildings, properties and program openings. In this issue, we would like to focus on the types of programming Firetree, Ltd. currently offers and is capable of offering in its facilities or off-site facilities. Additionally, Firetree is willing to collaborate with agencies to design problems specific to their needs.

Community Reentry

Firetree, Ltd. has long been involved with the delivery of Community Reentry Services. Participants are assessed to determine strengths and



"At least 95 percent of those currently incarcerated will be released from custody."*

*<http://www.aca.org/government/population.asp>

weaknesses and a goal-oriented individual plan is developed that will best facilitate a successful return to the community. Residents participate in programs such as Breaking Barriers which focuses on changing habits, beliefs and attitudes which limit one's potential for success. Life Skills training is also utilized to help teach responsibility and strengthen weak points identified during assessment. Examples of Life Skills offered are job readiness, money management, parenting, anger management and basic computer skills. Residents find employment with the assistance of facility staff. Community service is one more component of the reentry experience. Firetree's Community Reentry facilities consist of Lycoming House, Philadelphia, PA, Capitol Pavilion, Harrisburg, PA and Syracuse

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Pavilion, Syracuse, NY. Services are provided for men and women who are in pre-release, parole holdover or halfway back status.

Detoxification Services

Firetree, Ltd. believes that the detoxification process is only the beginning of a long journey through the treatment experience. Conewago Pottsville, located in Pottsville, PA, Schuylkill County, is a 14-bed non-hospital detoxification facility that serves men and women from across the Commonwealth. Medication and cognitive behavioral therapeutic approaches are utilized to ease symptoms of withdrawal. Firetree, Ltd. supports the use of medications such as buprenorphine at Conewago Pottsville to help individuals through the process. A "Detox Protocol" is in place that allows participants to take part in groups that are held in the inpatient program at Conewago Pottsville and to also meet and become familiar with the person who will be their inpatient counselor. This protocol helps individuals moving from Detox to the next level of care to transition more comfortably and begin to develop the mindset that recovery is an ongoing process.

Inpatient Treatment

Firetree, Ltd. has been providing quality treatment services since 1995. Inpatient clients attend individual and group counseling and actively take part in the formulation of their own individual comprehensive treatment plan. Residents will participate in programs such as the Franklin Model, Breaking Barriers and Relapse Court.

Life Skills training is also offered as part of the treatment process. Inpatient referrals come from many different sources: Single County Authorities, the Pennsylvania Department of Corrections, the Pennsylvania Board of Probation and Parole, county probation offices and self-referrals. Residents also participate in community service projects which help to give them a sense of responsibility to others. Conewago Place, Hummelstown and Conewago Pottsville, Pottsville, PA currently provide inpatient treatment and facilities will be opening this year in Indiana and Snyder Counties.

Outpatient Counseling

Genesis House, Inc. partners with Firetree, Ltd. to provide outpatient services and operates in Williamsport, Harrisburg and Bloomsburg, PA. Genesis House, Inc. provides services for adults and adolescents including assessments, individual/group/family/couples counseling and treatment for gambling addiction. Facilities are co-occurring capable and can address a wide range of mental health disorders. Intensive outpatient counseling is available for adults.

- 112 million Americans age 12 or older (45% of the population) reported illicit drug use at least once in their lifetime
 - 15% reported use of a drug within the past year
 - 8% reported use of a drug within the past month.*

**2006 National Household Survey on Drug Use and Health (NSDUH)*



Specialized Programming and Services:

Firetree, Ltd. currently provides specialized programming and services to various entities with whom we have contracts. We have also contracted in the past to administer various programs based on the needs of referral sources. Following is an overview of specialized programming and services that Firetree, Ltd. currently provides or is capable of providing:

Day Reporting Centers

The concept of Day Reporting Centers has been on the front burner recently as the need to offer alternative programming to offenders has increased. Firetree, Ltd. previously operated a Day Reporting Center in Lehigh County for the Pennsylvania Department of Corrections and the Pennsylvania Board of Probation and Parole. The center was highly effective with an 80% success rate (statistic provided by the PA Board of Probation and Parole, 2006). Sadly, funds were not available to continue the project. Day Reporting Center staff taught Life Skills, assisted with job placement and retention and encouraged family and community participation.

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Counselors met one-on-one with clients weekly to gauge progress and redefine individual goals. All programming was delivered through 11 modules, each consisting of a week and clients were able to spend more or less time in each individual track as needs changed or emerged. According to PA Board of Probation and Parole 2006 statistics, 80% of the participants that successfully completed Firetree's Day Reporting Program remained out of prison and in good-standing with the PBPP.

Domestic Relations Programming

Firetree, Ltd. previously housed a Domestic Relations program in one of its facilities and also administered all aspects of the program until funding was no longer available. The Domestic Relations program was administered as a voluntary program that offered an alternative to individuals who were facing imprisonment for failure to pay court-ordered support. Participants were ordered by the Court to enter a Firetree facility but were allowed to leave for work everyday in order to pay back the monies owed. The program was designed to make the resident's financial responsibility their highest priority. The facility also provided Life Skills to program participants.

Firetree, Ltd. is always willing to work together with other agencies to devise programming that is suitable for their specific needs.

For more information, please email info@firetree.com.



dress addiction and recovery issues but also to focus on cultural issues and changing criminal thinking and negative behaviors.

DUI/Drug Court, Restrictive Intermediate Punishment (RIP)

Many referral sources send DUI/Drug Court and RIP participants to Firetree facilities. Firetree prides itself on finding the correct balance between inpatient programming and changing the criminal thinking, adverse behaviors and bad habits that oftentimes go hand-in-hand with addiction.



Facility Updates

Lycoming House, Philadelphia, PA

The remodeling project at Lycoming House is finally completed. The facility capacity now stands at 56 beds. An Open House was held in February 2009.

Conewago Pottsville, Pottsville, PA

Firetree, Ltd. will be adding an inpatient facility above the detoxification unit in Pottsville. Currently Firetree has been licensed to provide 12-beds in the inpatient unit but we are hoping to add up to 18 beds for a total of 30 in the near fu-

Did You Know?

It is estimated that the cost of a day reporting center for 50 clients a year is equal to the cost of housing eight offenders in jail for a year.

Therapeutic Communities

Firetree, Ltd. currently provides inpatient programming in a therapeutic community setting at the State Correctional Institution at Camp Hill. The Camp Hill TC is offered to Hispanic inmates and is geared not only to ad-

Firetree Goes "Green"!

In an effort to save trees and resources, The Firetree Chronicle will be delivered by email whenever possible. Individuals who do not have access to email will be receiving future issues via US Mail and the issues will be in black and white. If you wish to add your email address to the distribution list, please forward it to info@firetree.com



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We're on the Web!
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Firetree Facilities

Residential Drug & Alcohol Treatment Centers

Conewago Pottsville Detox & Inpatient

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Conewago Place Inpatient

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(717) 533-0428
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Outpatient

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Genesis House Harrisburg

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Genesis House Bloomsburg

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Community Reentry Centers

Syracuse Pavilion

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Capitol Pavilion

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Lycoming House

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